

National Association of Letter Carriers

Branch 782

E.A. Baker Union Update



ARVIN
DELANO
MOJAVE

TEHACHAPI

AVENAL
EDWARDS AFB
RIDGECREST

TRONA

BAKERSFIELD
LAMONT
SHAFTER

WASCO

BORON
McFARLAND
TAFT



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MAY 2006

Frankly Speaking...

Summer Time is here! Each year, Letter Carriers deal —one step at a time—with each degree that the thermometer climbs.

But...at least in our area, it's a dry heat. Right?

Drink plenty of water. Use sunscreen. Protect yourselves from becoming dehydrated. Take advantage of the sprinklers in those yards that you normally walk through. And remember next year.

Veteran Carriers know this. You new Carriers will learn these things in order to survive this job.

Learning to survive mean anticipating changes in the Seasons. It also means becoming aware of changes in the way the Postal Service is making plans to modify how we may deliver the mail.

Interested? Turn the page.

Continued on next page...

Many, many Letter Carriers have delivered Delivery Point Sequenced Mail (DPS) since the early 1990's. Others have just recently gone "on-line" with DPS.

The jobs of Letter Carriers were definitely impacted when automation hit the processing of letter mail. Despite the fact that many believed that there was no way that machines could process letters, DPS has transformed in fundamental ways the world that Letter Carriers lived in prior to DPS.

We have heard (almost since the time that DPS was just talked about) that the Postal Service planned to also DPS flats. Many of us were not able to imagine how a machine could DPS magazines and other difficult to process mail.

Well, let me share some information which appeared in another NALC newsletter. I think that the information will be something you can use to anticipate some possible changes which might be coming down the line.

I want to thank Seattle, Washington's NALC Branch 79 Secretary-Treasurer, John Sweeney, for sharing the comments about the "USPS Corporate Flats Strategy" with his Branch members. This article originally appeared in *The*



Seventy-Niner published in May 2006.

"While visiting some of the stations, Carriers have asked about the status of sequenced flats. Well, here is the latest information that I could find.

The USPS has what it calls a "Corporate Flats Strategy." The idea of this flat strategy is to reduce the office time of Carriers by sequencing

NEED HELP FAST??



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flats in order of delivery. This would save the Carriers casing flats in the morning. There are two strategic options being considered by the USPS. One is sequencing letters and flats together. This is called Delivery Point Packaging (DPP). This option also is expected to save street time. The other is sequencing letters and flats separately. This is the Flats Sequencing System. (FSS).

DPP is a one-pass system using a single machine to sequence both letters and flats and then "package" the mail (into an actual sleeve/package). DPP would eliminate Delivery Point Sequencing (DPS) and its machinery. Carriers' office time would be reduced to about a half an hour. Street time would be expected to be more efficient due to the elimination of fingering mail on the street. The hypothetical effect on a 500 delivery route would be to increase deliveries to 750 or 800. With office time at a projected one half an hour, street time would be around 7 1/2 hours.

FSS is a two pass system that would sequence only flats. Under FSS, DPS letter sorting would continue. Carrier office time would be reduced. The hypothetical effect on a 500 delivery route would be to increase deliveries to 600 to 650.

This is a 20% increase of deliveries to a route.

Under this option for park and loop routes, the Postal Service would be restricted to the "three bundle rule" One bundle of DPS letters, a second bundle of sequenced flats, and a third bundle containing the remaining letters and flats that were manually sorted for delivery.

So, which option is going to be implemented and when?

Well, the USPS is going to test both options. They hope that the DPP

works, because it is projected to have the most savings. However, if it doesn't work, then the Postal Service will rely on FSS. Prototype machines for DPP are in the process of being developed for testing. Projected implementation, if successful is 2008. In February of this year, the Postal Service Board of Governors approved the funding to proceed with FSS. This month an FSS prototype, one-half the size of the production machine will be installed in the Mail Processing Annex in Indianapolis, IN with testing to continue until June. A production size machine will then be built and tested through June of 2007. If those tests are successful, deployment of FSS equipment is targeted to begin in the spring of 2008.

Needless to say, the implementation of either DPP or FSS will have a major impact on how Carriers perform their work. But the implications may extend far beyond the workroom floor."

Knowledge of the future can be a helpful thing. Think about this. Act on this. Surviving until retirement takes more than just luck. You have to be prepared to protect your future in what you do each and every day.

Can I Start Early???

A couple of months ago I briefly wrote about early starts and PS Form 3189. Since then, I've had several people tell me that management isn't letting them start early at all, but are getting them off, or at least trying to get the Carrier off at the earlier time. This is not the intent of the PS Form 3189.

A PS Form 3189 is a request for a temporary schedule change for your own personal convenience. For many of us, the convenience is the ability to get off early without using our leave. In several stations, management is denying the change of schedule and not giving a reason as to why they've disapproved the earlier start time.

The intent of the PS Form 3189 is to allow the Carrier to start early or later, or to change days off with someone for your personal convenience. That could be anything, such as going to the doctor or going to a baseball game. It's not up to management to decide what our personal convenience is. The PS Form 3189 is not intended for daily or frequent use. When a PS Form 3189 is requested, management has the responsibility to consider each PS Form 3189 on its own merits. Management can't be arbitrary and capricious in the manner in which they deny your request. If this is happening to you, you should request time to speak to your Shop Steward and ask them to investigate and file a possible grievance.

When requesting a change of Schedule, it must be signed by you, the Steward, and by management. If management denies the request, they must give a reason for the denial and the reason must be valid. If management denies your request to start early but then lets you leave early, using your own leave, request to see your Shop Steward and ask them to investigate and file a possible grievance.

by Gloria Belarde, Seattle, WA *Seventy-Niner* May 2006

Minutes of the April 2006 General Meeting

The regular meeting of Branch 782 was called to order by President, Frank Thomasy at 7:32 p.m. on the 25th day of April, 2006, at the branch office, Bakersfield. The flag salute was led by Sgt. at Arms, Jerry Patterson.

All members of the Executive Board were present. The stewards were present from 04, 05, 06, 07, 08, 09, Lamont, Shafter and Wasco. Newsletter Editor, Basil Zuniga, Assistant Editor, Mark Hutchinson and Webmaster Rick Plummer were present. Also present was Frank Martinez and Anita Holderman of the Social and Recreation Committee and Danny Blair of the Labor Management Safety and Health Committee.

The minutes of the March 28th meeting were read and minutes as read and accepted with no additions or corrections. The communications were read.

APPLICATION FOR MEMBERSHIP: No applications were received.

REPORTS OF STANDING AND SPECIAL COMMITTEES: Anita Holderman of the Social and Recreation Committee reported that there will be a Volleyball Tournament on May 21st. Each team will have at least 6 players. The entry fee is \$60.00 per team which includes lunch. Contact Anita Holderman if you want to get a team together. She reported that the USPS Picnic is October 15th or 22nd. The Golf Tournament will be June 4th or 11th. It will be a 4 man scramble, \$45.00 per person. Basil Zuniga reported that Darryl and Anita were present from South Station. Next month will be East Bakersfield's turn. Kim thanked Molly Biggar for "cooking" for newsletter night. Basil discussed some interesting articles regarding Route Count and Inspections. Frank Thomasy asked how many newsletters are sent to "other than dues paying members"? Basil responded about 150-200. Frank suggested that if we sent the Newsletter on-line to all members of other Branches. A discussion was held regarding paper versus on-line newsletters.

NEW BUSINESS: Molly Biggar discussed the Budget Meeting. The Budget was over \$2100.00 in office equipment. Margaret Romero made a motion that we "shift" \$2000.00 from the Building Maintenance Fund to Office Equipment to cover the overage. Seconded by Jerry Patterson and the motion passed. Basil Zuniga thanked James Oh for all his tech help putting the Newsletter software on the laptop.

GOOD OF THE ASSOCIATION: Mike Towery reported that the second Steward meeting has been changed from the third Tuesday of the month to the third Wednesday. This will be effective May 17th. Pam Smith asked about a carrier who is serving a 30 day suspension with no pay. Will his health and life insurance continue? Frank said that yes the benefits will continue and the carrier should be billed for his portion of the Health Benefits and Life Insurance. Mike will contact Lynn in Personnel to make sure he is billed and covered. A discussion was held regarding the roll away at Hillcrest which resulted in a 30 day suspension.

FINANCIAL SECRETARY'S REPORT: Diana Chavez reported that \$12,400.96 was collected for April 2006.

TREASURER'S REPORT: Molly reported for March 2006

Beginning Balance \$42,193.36
Dues and Income \$11,711.02
Interest Income \$ 12.26
Total Balance 12/30/05 \$53,916.64
Expenses \$10,113.21
Ending Balance 12/30/05 \$43,803.43

The 50/50 Drawing was won by Frank Thomasy.

The Drawing for \$500.00 would have been won by Patricia Edwards who was not present.

There were 34 members present.

The meeting adjourned at 8:25 p.m.

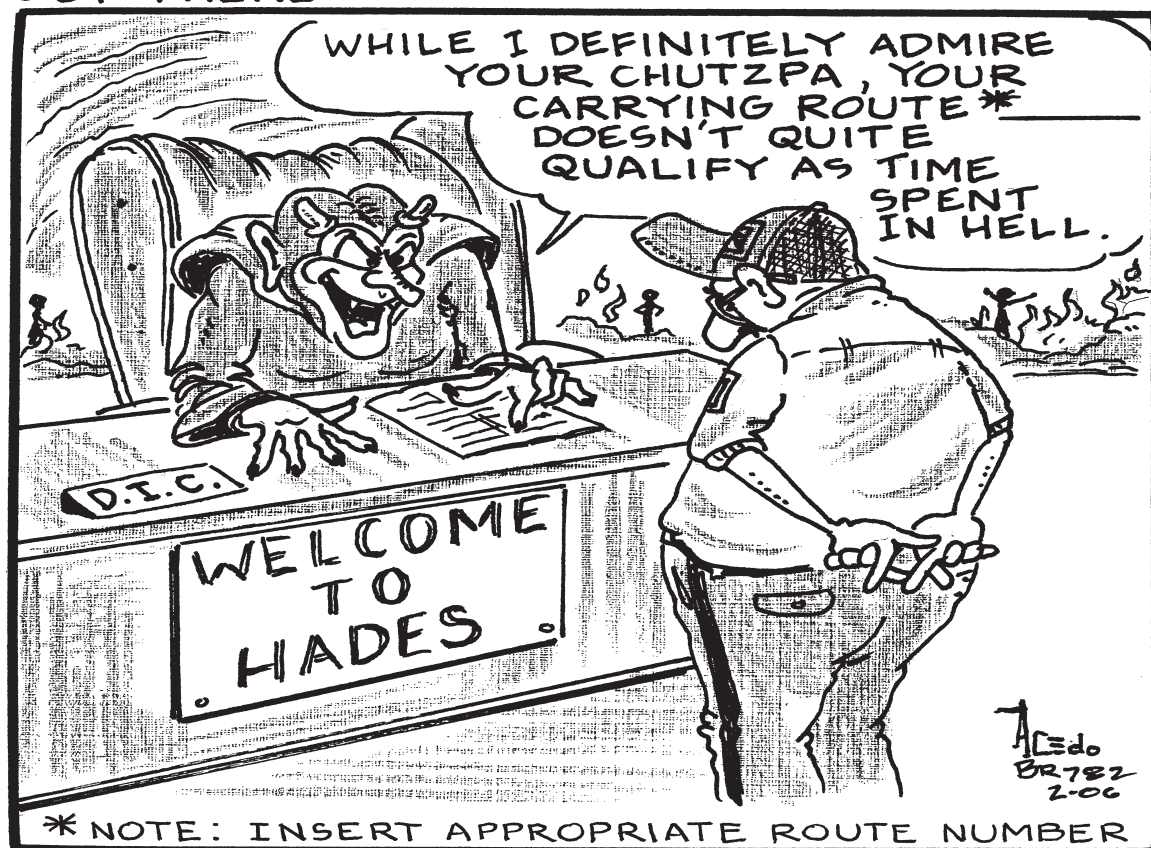
Respectfully submitted,

KIM GERDES

OUT THERE



OUT THERE



* NOTE: INSERT APPROPRIATE ROUTE NUMBER

Non-Member List

Downtown Station

Sarah Kirby
Dale Pearce
Javier Cruz

South Station

S. S. Contreras

East Bakersfield

100% Union

Hillcrest

A. V. Nelson

Brundage

Y. Esquivel
D. Kinglee
Elroy Miller
Alice Shultz

Dole Court

S. Webb

Stockdale

Ron Huston

Camino Media

Ed Mota

Arvin

100% Union

Avenal

100% Union

Boron

100% Union

California City

100% Union

Delano

C. V. Quebral
R. D. Marcy
U. Singh
D. A. Velasquez

Edwards

100% Union

Lamont

100% Union

McFarland

B. A. Ibarra
R. G. Campos

Mojave

100% Union

Ridgecrest

H. Blanco
M. L. Blanco
S. Pierce
G. E. Burgwald
J. C. Florez
S. M. Luker
R. A. Day
C. S. Hatcher

Shafter

M. Voights
L. New

Taft

B. W. Kreier
C. L. Sanchez

Tehachapi

100% Union

Trona

B. R. Dame
K. K. Treat

Wasco

100% Union

Do you know where these carriers are working? They are not paying Union dues: R. L. Ector and K. J. Hughes.



2006 NALC HBP Info

Service	
NALC Health Benefit Plan	1-888-636-6252
HBP Claims Representative First Health (PPO)	1-703-729-4677
PPO Claims Payment Inquiry	1-800-622-6252
Nominate Physician for PPO	1-800-548-8454
Hospital Precertification	1-800-622-6252
Drug Prescription Program	1-800-933-6252
Caremark Hearing Impaired	1-800-238-1217
Caremark Speciality Pharmacy *3	1-800-237-2767
Durable Medical Equipment	1-888-636-6252
Flexible Service Option	1-703-729-4677
Double Coverage	1-703-729-4677
Drug Double Coverage	1-800-933-6252
Customer Service Hot Line	1-888-933-6252
NURSE INFORMATION LINE	1-800-622-6252
CareMark Pharmacist	1-800-282-2229
Federal Information Center	1-800-688-9889
National Organ Transplants	1-800-622-6252... MUST CALL PLAN!!!
Mental Health/Substance Abuse	1-877-468-1016... <i>Precertification a must!</i>
MEDICARE:	1-800-633-4227...or 1-888-636-6252
Medicare Managed Care Plan	1-800-633-4277
OPM Retirement Info center	1-888-767-6738

Mark Ramirez

**Branch 782
HBP & MBA*
Representative**

(661) 834-5011

***Mutual Benefit
Association**

24-7 Service!!!

Preferred
Provider
Cost
\$20.00
Co-pay per
Office Visit

Preferred
Provider
Deductible
\$250.00
Individual
\$500.00
Self & Family
Per Calendar Yr

Mail Order RX
CAREMARK
P.O. Box 94465
Palmer, IL
60094-4465

Out of Network
Pharmacy Claim
NALC Prescription Drug
Program
P.O. Box 686005
San Antonio, TX
78268-6005

United Behavioral
Health
P.O. Box 70755
Salt Lake City, Ut
84130-0755
1-877-468-1016

NOT COVERED BY PLAN

1. Failure to pre-certify will result in a \$500 reduction in benefits paid by the Plan. Must notify the Plan prior to hospital admission with doctor name and dates.
2. Mail order drug prescription program: Long term (maintenance drugs) 90 day supply: \$8 generic, \$24 name brand, 90-day supply: \$12 generic, \$35 name brand. Retail Pharmacy: you pay 25% (MEDICARE 60-day supply: \$7 generic, \$23 name brand, 90 day supply \$10 generic, \$36 name brand. Network Retail Pharmacy you pay 15% cost of prescription.
3. Prior approval required for some drugs. Must call: Biotech Drugs

Contact information

CareMark	1-800-238-1217
First Health	1-800-259-8179
United Behavioral Health	1-800-842-2479
NALC/Caremark Site	www.HealthTalk.com
Disease Management Program	1-866-447-6393
Health Care Fraud Hotline	1-202-418-3300
MBA/NALC Insurance Plan	1-202-638-4318
Center for Disease Control	http://www.cdc.gov
National Library of Medicine	http://www.nlm.nih.gov
American Public Health Assoc.	http://www.alpha.org
American Cancer Society	http://www.cancer.org
American Heart Association	http://www.americanheart.org
American Lung Association	http://www.lunusa.org
Diabetes Foundation	http://www.diabetes.org
Muscular Dystrophy Association	http://www.ndausa.org
JAMA Asthma Information Center	http://www.ama-assn.org/special/asthma



Washing Our Hands Often Can Reduce Illness

EVERYONE HAS EXPERIENCED FOODBORNE ILLNESS AT SOME TIME, BUT HAS THE ILLNESS BEEN CAUSED BY EATING AT A RESTAURANT? ACTUALLY, MANY CASES OF FOODBORNE ILLNESS OCCUR WHEN FOOD IS PREPARED AT HOME. CONTAMINATED OR UNCLEAN FOOD CAN BE VERY DANGEROUS, ESPECIALLY TO YOUNG CHILDREN, OLDER ADULTS, PREGNANT WOMEN, AND INDIVIDUALS WITH WEAKENED IMMUNE SYSTEMS.

EACH YEAR IN THE UNITED STATES, APPROXIMATELY 76 MILLION PEOPLE GET SICK, MORE THAN 300,000 ARE HOSPITALIZED, AND 5,000 AMERICANS DIE FROM FOODBORNE ILLNESS. IT IS IMPORTANT TO REMEMBER, IN ADDITION TO COLDS AND THE FLU, SOME VERY SERIOUS DISEASES LIKE HEPATITIS A, MENINGITIS, INFECTIOUS DIARRHEA, AND E.COLI, CAN EASILY BE PREVENTED IF PEOPLE WOULD MAKE IT A HABIT OF WASHING THEIR HANDS. IT IS ESTIMATED THAT ONE (1) OUT OF THREE (3) PEOPLE DO NOT WASH THEIR HANDS AFTER USING THE RESTROOM.

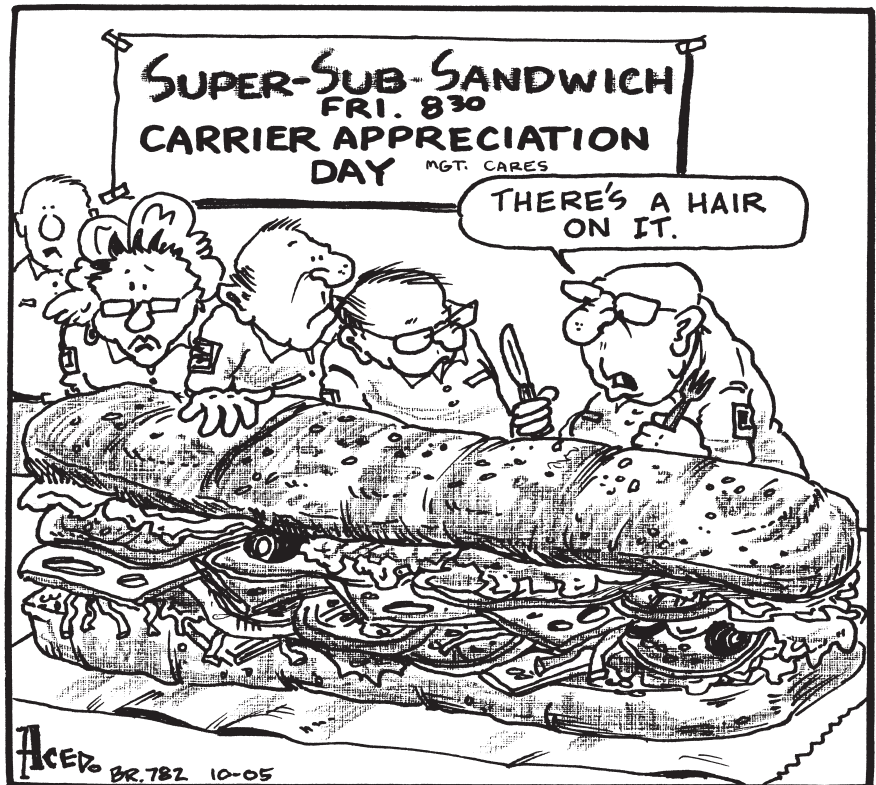
YOU CAN PICK UP AND SPREAD GERMS WHEN YOU TOUCH SURFACES THAT OTHER PEOPLE HAVE TOUCHED, AND RESTROOM DOOR HANDLES ARE GREAT CARRIER OF GERMS, AND IF YOU HAVE A DOCTOR APPOINTMENT, TAKE YOUR OWN INK PEN, BECAUSE THE OFFICE PEN HAS BEEN HANDLED BY OTHERS WHO MAY BE ILL. YOU CAN EASILY PICK UP GERMS, AND INFECT YOURSELF WHEN YOU TOUCH YOUR EYES, YOUR NOSE OR MOUTH.

IT'S A GOOD HABIT TO WASH YOUR HANDS BEFORE AND AFTER YOU PREPARE FOOD, BEFORE YOU EAT, AND AFTER A RESTROOM VISIT, AFTER HANDLING ANIMALS OR ANIMAL WASTE, WHEN YOUR HANDS ARE DIRTY, EVERY TIME YOU COVER YOUR MOUTH WHEN YOU COUGH OR SNEEZE, WHEN CHANGING A CHILDS DIAPER, HANDLING MONEY, OR WHEN SOMEONE IN YOUR HOME IS SICK.

THE (CDC) CENTERS FOR DISEASE CONTROL AND PREVENTION ADVISES EVERYONE TO WASH THEIR HANDS WITH SOAP AND WARM OR HOT WATER, AND USE A SHORT SOFT BRISTLED BRUSH TO SCRUB YOUR HANDS AND CLEAN UNDER AND AROUND YOUR FINGERNAILS WHEN POSSIBLE.

WASH YOUR HANDS FREQUENTLY, TO PREVENT THE SPREAD OF GERMS TO YOURSELF AND OTHERS.

OUT THERE



MARK RAMIREZ
NALC Health Benefit and
Mutual Benefits Representative
Bakersfield Branch 782

After Reading THIS, you'll NEVER look at a banana in the same way again!

Bananas Containing three natural sugars - sucrose, fructose and glucose combined with fiber, a banana gives an instant, sustained and substantial boost of energy. Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes. But energy isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

Depression:

According to a recent survey undertaken by MIND amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier.

PMS:

Forget the pills -- eat a banana. The vitamin B6 it contains regulates blood glucose levels, which can affect your mood.

Anemia:

High in iron, bananas can stimulate the production of hemoglobin in the blood and so helps in cases of anemia.

Blood Pressure:

This unique tropical fruit is extremely high in potassium yet low in salt, making it the perfect

way to beat blood pressure. So much so, the US Food and Drug Administration has just allowed the banana industry to make official claims for the fruit's ability to reduce the risk of blood pressure and stroke.

Brain Power:

200 students at a Twickenham (Middlesex) school were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium-packed fruit can assist learning by making pupils more alert.

Constipation:

High in fiber, including bananas in the diet can help restore normal bowel action, helping to overcome the problem without resorting to laxatives. </div>

Hangovers:

One of the quickest ways of curing a hangover is

to make a banana milkshake, sweetened with honey. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and re-hydrates your system.

Heartburn:

Bananas have a natural antacid effect in the body, so if you suffer from heartburn, try eating a banana for soothing relief.

Morning Sickness:

Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.

Mosquito bites:

Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin.



Many people find it amazingly successful at reducing swelling and irritation.

Nerves:

Bananas are high in B vitamins that help calm the nervous system.

Overweight and at work?

Studies at the Institute of Psychology in Austria found pressure at work leads to gorging on comfort food like chocolate and chips. Looking at! 5,000 hospital patients, researchers found the most obese were more likely to be in high-pressure jobs. The report concluded that, to avoid panic-induced food cravings, we need to control our blood sugar levels by snacking on high carbohydrate foods every two hours to keep levels steady

Ulcers:

The banana is used as the dietary food against intestinal disorders because of its soft texture and smoothness. It is the only raw fruit that can be eaten without distress in over-chronic cases. It also

neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

Temperature control:

Many other cultures see bananas as a “cooling” fruit that can lower both the physical and emotional temperature of expectant mothers.

In Thailand, for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

Seasonal Affective Disorder (SAD):

Bananas can help SAD sufferers because they contain the natural mood enhancer tryptophan.

Smoking:

Bananas can also help people trying to give up smoking. The B6, B12 they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.

Stress:

Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body’s water balance. When

we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be rebalanced with the help of a high-potassium banana snack

Strokes:

According to research in “The New England Journal of Medicine,” eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

So, a banana really is a natural remedy for many ills. When you compare it to an apple, it has four times the protein, twice the carbohydrates, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around.

So maybe its time to change that well-known phrase so that we say, “A banana a day keeps the doctor away!”

Shared by Mark Ramirez, NALC Branch 782 Health Benefit and NALC Mutual Benefits Representative

What is the Mutual Benefit Association?



The NALC Mutual Benefit Association (MBA) was established at the 1891 National Convention in Detroit, Michigan with the objective of helping Letter Carriers and their families. The founding fathers of the Union realized insurance protection was essential to their livelihood and family security was vital in the event of work-related injuries or death. From its earliest years, the National Association of Letter Carriers pioneered programs of mutual support and family welfare to continue its progress of improving employees’ working conditions and increasing benefits. Through the MBA, life insurance and other insurances were offered to assist Letter Carriers with such benefits not provided by their jobs.

Initially, MBA offered a basic death benefit policy that Letter Carriers could purchase for a modest premium. In 1955, the MBA started writing accident, health and hospitalization coverages. This decision led to the birth of the NALC’s Health Benefit Plan.

In the beginning, MBA Representatives were known as “collectors”. Their earlier role was to collect monies from their local Branch members and MBA Headquarters. The MBA Representative is the Branch members’ primary source of communicating, receiving and distributing information throughout the country. At present, there are approximately 800 or more MBA Representatives. We are striving to get all Branches active in selecting Representatives.

The MBA is implementing a plan wherein, Headquarters will be corresponding with MBA Representatives on a regular basis. It is our goal to assist in increasing their knowledge about all insurances and financial security products.

What does all of this mean?

by Rich "Frank" Stephens,
Steward Hazelwood Station

While looking at my final paycheck stub for last year, I thought, over \$60,000. Not bad. But I wondered—can this be right?

That's over \$12,000 in overtime.

I checked my calendar to see how many days off I worked, and sure enough out of 52 NSD's I worked close to 40 of them. With four weeks of vacation figured in I guess I really did work a lot.

Okay, I am not saying I made major money. I'm sure some Carriers made more, and I know some Carriers made less. It all depends on personal preference and their financial situation. Still, over 60 k as a Letter Carrier? Hmmm, not bad.

Being a City Letter Carrier and a Union Steward I know that everything is about numbers. So, I think I'll put things into that context.

If I made \$12,000 in overtime (rounded down), and there have been 12 to 14 people on the ODL at the Hazelwood Station all year, and if the overtime is equalized...roughly figuring the Service paid out at least \$150,000 in overtime in 2005. The estimate doesn't count overtime for Carriers on their own route.

To be more accurate, I could check these numbers with a flash report, but I can't. I don't get the report any more.

The flash report was the end-all that showed all to those who understood them. These reports showed everything—from overtime percentages and work hours to volume to what the cost was for each delivery made by City Letter Carriers—for the year to same period last year to the current accounting period to the current week.

All the number crunching the post office could possibly come up with was printed on this report. As a Union Steward, it was a critical report, one

we used in a grievance when management eliminated one of the reserve Carrier positions at Hazelwood.

When this grievance went to arbitration, the Union used numbers off the flash report to show why this position should not be done away with. However, management had its take on the numbers to show that although overtime was up, without the position, volume was down and the position wasn't needed.

Even though the Arbitrator ruled for management in our grievance the outcome could have gone either way. A few months later, the second Reserve position at Hazelwood was vacated, and again management eliminated the position saying the hours were not there.

What does this all mean?

Those two positions should account for about \$90,000 in wages, not to mention that two people do not have those full time jobs. But, if you want to look at numbers, I point back to our argument over \$150,000 was paid in overtime at Hazelwood.

I believe the post office could have saved money by keeping at

least one—if not both—of these Reserve positions in place.

Of course, this is just speculation on my part based on the amount of overtime that I and the rest of the ODL people used for the year. I do not know this for sure, I haven't seen a flash report since the arbitration—funny how it is.

Maybe we were getting a little too good at figuring out what all these numbers mean, and how they work.

Now, to make the overtime seem less the thing is to get PTF's from other stations. I have been made aware there is talk about bringing in a PTF from another city. Is it okay to take overtime away from the ODL Carriers here? We don't think so. But, management sees nothing wrong with this. If this happens, we will follow the Contract and take necessary action.

The bottom line is this: If there is work for another City Letter Carrier, create the job and post a Reserve position at Hazelwood Station.





Branch Officers

The *E.A. BAKER UNION UPDATE* is published monthly by Merged Branch 782 of the National Association of Letter Carriers, AFL-CIO.

The opinions expressed in this publication are those of the writer and are not necessarily those of the publication staff or of the Officers of the Branch.

The information contained in this publication is true and complete to our best knowledge. All recommendations on equipment and procedures are made without guarantees on the part of the authors or the organization. Because the quality of equipment, services and methods are beyond our control, the organization and its publication authors disclaim all liability incurred in connection with use of this information. Information in this publication may not be used for illegal purposes.

We invite all members to contribute articles for publication. Copy should be double-spaced (but doesn't have to be) and must be signed by the contributor.

The Editor retains the right to edit, delete, or reject the article for the good of the Branch (and even this is subject to persuasion).

In the hope that material contained herein may be of benefit to the goals of the National Association of Letter Carriers, permission is hereby granted to other NALC Branches to copy or use material and/or cartoons promulgated in this publication, verbatim, with our best wishes...but remember to cite/give us some credit.

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Bakersfield, CA 93386-6532

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Treasurer
Financial Secretary
HBP & MBA Representative
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Trustee
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Darryl Holderman (661) 589-1683
Danny Blair (661) 397-8107
Bill Curtis (661) 323-1107

NALC Branch 782 Shop Stewards

Avenal (93203)	Vacant	
Arvin (93209)	Vacant	
Delano (93215)	Clint Gallaher	(661) 792-6883
Lamont (93241)	Mark Ramirez	(661) 834-5011
McFarland (93250)	Vacant	
Shafter (93263)	Jerry Patterson	(661) 203-9718
Wasco (93280)	Jerry Patterson	(661) 203-9718
Downtown Station (93301)	Vacant	
South Station (93304)	Margaret Romero	(661) 330-0810
East Bakersfield Station (93305)	Teresa Ortega	(661) 201-3086
East Bakersfield Station (93305) Alternate	Jeff Harrington	(661) 327-7937
Hillcrest Station (93306)	Pam Smith	(661) 325-5526
Hillcrest Station (93306) Alternate	Margaret Romero	(661) 330-0810
Brundage Station (93307)	Judy Roberson	(661) 325-5526
Brundage Station (93307) Alternate	Frank Martinez	(661) 326-0462
Dole Court (93308)	Mike Towery	(661) 862-8033
Stockdale Station (93309)	James Oh	(661) 325-5526
Stockdale Station (93309) Alternate	Mona Martin	(661) 319-3656
Camino Media (93311/13)	Steve Blanton	(661) 319-3636
Camino Media (93311/13) Alternate	Pat Farr	(661) 325-5526
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California City (93504)	Vacant	
Taft (93268)	Brian Pritchett	(661) 472-5436
Tehachapi (93561)	Mary Morphis	(661) 822-6614
Trona (93562)	Vacant	
Boron (93516)	Paula Hogg	(760) 373-8963
Ridgecrest (93555)	Lynnell Howell	(760) 371-1039
Ridgecrest (93555) Alternate	Karen Neagle	(760) 377-5936

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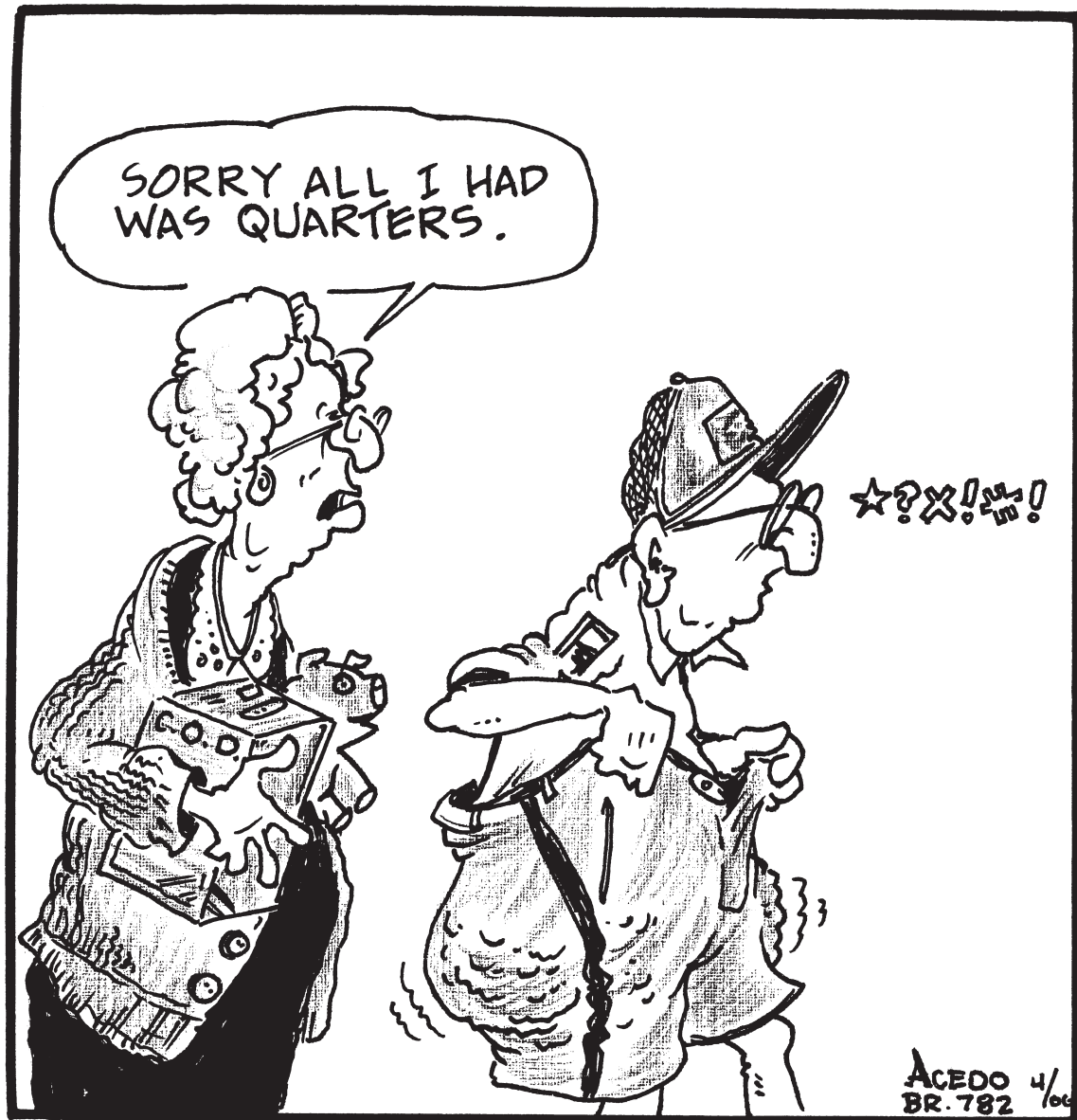
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General Meeting
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